Questions to ask coaches

1. What positions are you looking to fill for 200_?
2. What is your style of play?
3. What is your preferred squad size? (Important to know because team chemistry is challenging the bigger the squad size)
4. (If they've seen you play) what areas of my game do you feel I need to improve? – The coach might bounce this one back at you by asking "what areas do you feel you need to improve"? So be prepared to answer this.
5. What tournaments do you plan to recruit at this year?
6. Will you be in my area to see any games in the near future?
7. What attributes do you look for in a player?
8. What are the most prominent majors at your school?
9. Can you describe a typical year for a UCLA soccer player?
10. Ask about the following scenario: If I were to get injured in her junior or senior year of High School would this affect a prior commitment to attend (or scholarship agreement if this is being discussed).
11. What position do you see me playing at the college level? (Coach may fire this question back at you)
12. What do you see as my strengths and areas to improve?
13. How many seniors are graduating in 2009? How many players in my position are graduating in 2009?
14. Do you have a preferred formation?
15. What academic support do the athletes have access to?

What questions might the coach ask me?

1. What are your academic and athletic goals?
2. Have you seen us play?
3. Have you applied to our school?
4. **Why do you like my school?**
5. Have you seen a college game?
6. Who do you play for?
7. How did you do in ODP?
8. How did you do in State Cup?
9. Who are your coaches?
10. When can I see you play?
11. **What are your strengths/weaknesses?**
12. Have you visited our campus?
13. What grades do you achieve?
14. What majors are you interested in?

Brief introduction to NCAA rules;

Sophomore: You can call, but they can't return your call. You can email them, but they should reply "we can't reply until July 1st of your Junior year (although they can send you a player profile and camp information). You can make unofficial visits.

Junior: September 1st You may receive recruiting info by mail, and you can begin to communicate via email
March: Coach may call you and email you once.

July 1st (the summer in between Junior and Senior years) the coach can call you and email you once per week.

Seniors: Official visits commence, you may only take 5.

What to do when:

1. Always send individual email correspondence, never send a group email to several college coaches

2. Always contact the coach when the team achieves a success – congratulate them! Or the coach wins an award.

Freshmen
Prepare your college list of approximately 30 colleges
Go to watch college soccer games particularly in the Spring
Attend 1 summer camp
Prepare you soccer resume

Sophomores
Send resume and Cover Letter to top 25
Easter and/or Summer make unofficial visits
Attend 1 or 2 summer camps
Email schedule on a bi-monthly basis to top 25
Think about SAT/ACT preparation
Consider classes that count towards college
End of sophomore year acquire application material/brochures from colleges for clients
Go to watch college soccer games particularly in the Spring & email the coach afterwards to explain what you liked.

Juniors
Same as above plus
Email schedule on a monthly basis to top 25
Consider if recruiting video is right for you (Youtube?)
Take your PSAT early in your Junior year
Apply to NCAA Clearinghouse at end of Junior year
Write sample essays for college applications
Go to watch college soccer games particularly in the Spring & email the coach afterwards to explain what you liked.

Seniors
Get application deadlines and begin applications
File FAFSA as soon as possible after January 1st : www.fafsa.ed.gov
Some colleges require a decision by May 1st

For Cover Letter
I'm qualified to play for your team because I've played with college players A, B and C.
Ask for information on the team and academic information