

Agility. Awareness. Speed. Instinct. Strength.



HIIT GOALKEEPING

Take Your Game to the Next Level.

HIIT-GK Summer Series:

The Soccer Stop (Holland)

10:00am – 11:30am

Mon. June 8 – Thurs. June 11

East Kentwood Freshman Campus

4:00pm-5:30pm

Mon. June 8 – Thurs. June 11

Rates (Register Now to Save!):

\$120 Current – May 24


\$140 May 25 – June 8

Space is Limited.

Register Now.

Email: buttersgk@gmail.com

***Sessions are 90 minutes long**

HIIT Goalkeeping combines the concept of High-Intensity Interval Training with Fundamental Goalkeeper Instruction. 

HIIT-GK PERFORMANCE COACH:
KEVIN BUTTERFIELD

Hope College Soccer 02-05

-1st Team All-MIAA

-1st Team All-Region

-Team Defensive MVP

West Michigan Edge, PDL

GK Coordinator, Hope

Soccer Camps

GK Coach for 10+ years



FOR MORE INFO - 740.607.0506 - BUTTERSGK@GMAIL.COM